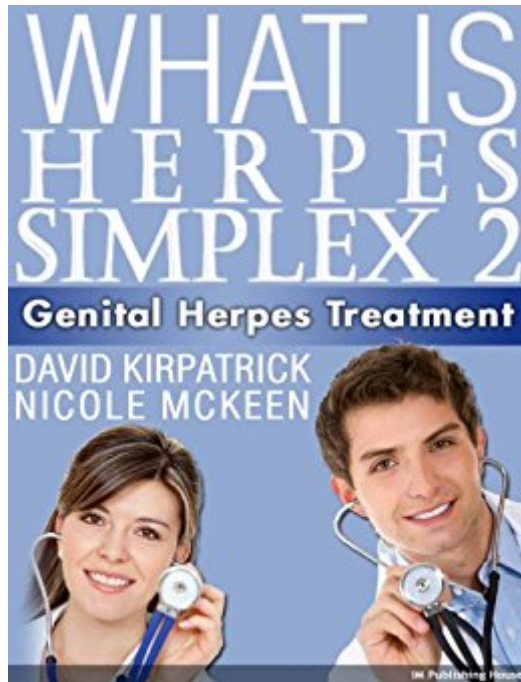


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# What Is Herpes Simplex 2? - Genital Herpes Treatment



## Synopsis

Herpes Simplex 2, or HSV-2 for short, is one of those embarrassing or difficult to discuss problems that afflicts many people at some point in their lives. Most commonly HSV-2 leads to genital herpes, which can be painful and annoying during an outbreak. It can also affect our lives through limiting our perception of ourselves, and thus affects the very life experiences we choose, and what social or even professional situations we choose to expose ourselves to. This can be especially true during an outbreak of symptoms. Perhaps even sadder than the fact HSV-2 influences so many people's lives, are the results of misconceptions about what it is and what can be done about it. And even though genital herpes is an STD (sexually transmitted disease) and it can cause annoying symptoms, it can be dealt with and life can go on for those afflicted. During the researching of this book it became increasingly clear just how much society's perception of genital herpes was distorted and clouded with misinformation. It seemed that with each new information source that was found, more and more of the stigma surrounding genital herpes disappeared. Hopefully by the end of this work you will see that while HSV can be an annoying, frustrating, and even painful condition for some people, in general the virus is more of a social problem than a medical problem. For most of those infected, genital herpes is no more dangerous and in some cases far less dangerous than a common cold sore, which as you will see is a far more dangerous form of the herpes virus. This report will seek to shed some much needed light on what HSV-2 and genital herpes are and what they are not. Also, the report will look at common remedies and treatments, and the possible side effects of non-treatment for what they really are. And finally, this report will look at perhaps the most important genital herpes treatments of all, the emotional and psychological effects of herpes and how to deal with them. We hope you find it enlightening and helpful.

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